



WHAT ARE YOU WRESTLING WITH?

# TAKE THIS 30-SECOND QUIZ TO SEE IF YOU MAY BE WRESTLING WITH CARCINOID SYNDROME



Are you experiencing warm, dry flushing that turns your face, neck, or chest a deep red or purple?

YES

NO



Do you have frequent diarrhea during the day and/or at night?



Do you have frequent abdominal pain?



Do you ever find yourself wheezing or having difficulty breathing?



Do you think your heartbeat has been irregular lately?



Do any of the above get worse with physical activity, with eating aged, spicy, or fermented foods, or with drinking alcohol or hot liquids?

**If you answered yes to any of the above questions, it may be a sign of carcinoid syndrome. Talk to your gastroenterologist or other specialist about a urine test that can help identify carcinoid syndrome. If you don't have a specialist, ask to be referred to one.**